## East County

# Intercom



Isiah Leggett, County Executive

**Timothy Firestine, Chief Administrative Officer** 

Anise Key Brown, Director

Stephen A. Jacobs Esq., ECCAB Chair

Newsletter

April 2007



County Executive Isiah Leggett and State Delegate, Saqib Ali honored by The Pakistani–American Association of Greater Washington at EMRSC on March 24th



#### **UPCOMING EVENTS**

#### **Entrepreneurship Workshop for Women -**

The Eastern Montgomery Regional Services Center and the Potomac Valley Alumnae Chapter of Delta

Sigma Theta Sorority, Inc. will host "Entrepreneurship for Women: What's Needed, What You Need to Know, What Works!" on Saturday, April 21, from 9 a.m. to 2 p.m. at the Center located at 3300 Briggs Chaney Road in Silver Spring. The objective of the Entrepreneurship Workshop is to promote economic empowerment through entrepreneurship among women in Montgomery County. The County Department of Economic Development and the Maryland Small Business Development Center will participate in the workshop. The program will will address market research, finance, business plan development, financial operations and technical assistance programs. The program will allow women to understand the process of incorporation and getting started in a business ownership. Free, but pre-registration required. Call 240-777-8400.

Financial Education Seminar for Providers - A "Train-the Trainers" seminar will be held on April 19<sup>th</sup> between 8:30 am -4:00 pm at the Center. The event is being sponsored by the Montgomery County Department of Housing and Community Affairs, Consumer Action, and the Montgomery County Coalition for Financial Literacy. The training is free and will provide financial literacy training to program directors, financial counselors, social workers, educators and other interested individuals who offer financial assistance. Topics include: Managing Your Money Wisely; Tracking Your Income; Building Good Credit; and, Rebuilding/Improving Your Credit. Fact sheets and training guides for additional topics will also be included. Contact Myriam Torrico 240-777-3627 or Myriam.Torrico@montgomerycountymd.gov

#### **CURRENT ON-GOING EVENTS AT THE CENTER**

Free Citizenship Classes—Fifteen people attended on March 22, the first day of the new Citizenship Preparation Class held at the Eastern Montgomery Regional Services Center. The class is being provided in partnership with the Montgomery County Refugee Training Program. Students taking the classes prepare to become U.S. citizens by studying for three required tests – English, History/Government, and a Face-to-Face Interview with an immigration officer. Students are given classroom instruction as well as individual tutoring by a staff of trained volunteers from the community. The class meets on Thursday mornings from 9:30-12:00 and will continue to accept new students. Residents must possess a green card to participate.

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#### **Topics of Interest**

- Meet Your County featured by EMRSC
- Project "CLEAN", Spanish Classes, Citizenship, Free ESOL classes at EMRSC
- Employment Services at EMRSC
- Consumer Tip of the Month
- Volunteer Opportunities
- Quote of the month, Recipes
- East County Citizens Advisory Board Meeting Information
- The Peoples Community Wellness
- Health and Human Services

PROJECT "CLEAN" GRANT APPLICATION DEADLINE EXTENDED APRIL 30th For more details, visit www.montgomerycountymd.gov/eastco

#### **CURRENT ON-GOING EVENTS AT THE CENTER (contd...)**

#### **East County Intercom**



**New Spanish Class** - With the area's growth in non-English speaking families, many area residents have opted to join in with efforts to bridge communication gaps by taking advantage of a Spanish class being offered at the Eastern Montgomery Regional Services Center. "Critical Aspects of Communicating in Spanish" is a seven week course designed for

the beginning learner of Spanish. For its first time offered at the Center, the class started with 25 students enrolled and more than a dozen on the waiting list. The Center plans to offer additional language classes in the future.

**Employment Services**  Offered in East County - The Eastern Montgomery Regional Services Center, in cooperation with the Montgomery Works Career Development Center, continues to provide employment assistance on the *third Thursday of each month*. The next day to receive assistance at the Center, located at 3300 Briggs Chaney Road in Silver Spring, is April 19; 8:30 am to 5:00 pm. Individuals can get help with skill assessments; resume writing, interviewing, career planning, networking and using computers to find job opportunities. For more information, or to schedule an ap-

pointment, call 240-777-8400.

Free Income Tax Preparation - For Middle and Low Income Montgomery County Residents—Call 301-468-4179 from 9:00 a.m. - 3:00 p.m. Mon - Friday, for an appointment. Silver Spring locations are: ▶ Eastern Montgomery Regional Services Center, 3300 Briggs Chaney Road, 20904 (Bus Line: 39); ▶ Long Branch Library, 8800 Garland Avenue, 20901; ▶ Schweinhaut Sr. Center, 1000 Forest Glen Road, 20901 (Bus Line: 8); ▶ Silver Spring Library, 8901 Colesville Road, 20910 (Bus Lines: 13, 14, 22, Z's) and ▶ White Oak Library, 11701 New Hampshire Avenue, 20904 (Bus Lines: C8, Z2, Z3)

Free ESOL Classes being offered- The Eastern Montgomery Regional Services Center, in partnership with the Chinese Culture and Community Center, offers daytime ESOL (English for Speakers of Other Languages) classes for adults. The classes meet on Wednesdays from 10 a.m. to noon for 20 weeks. Space is still available for beginners and advanced levels. All classes are offered free of charge, however a \$10 refundable deposit and \$18 book fee are required. To sign up for a class or to receive more information, call 240-777-8400.



#### EVENTS HELD AT THE EASTERN MONTGOMERY REGIONAL SERVICES CENTER



State Capital tour, Annapolis. On March 23, Anise Key Brown, Director of the Eastern Montgomery Regional Center with the assistance of board member Kim Jones sponsored a tour of the MD State Capital. The tour was attended by 16 high school students from the Superintendent's Leadership Program and Springbrook High school. Delegate Herman Taylor hosted the group who toured the Governor's Mansion as well as observed the House of Delegates in a spirited session.

Social Services Provider Fair - On March 23, the Department of Health and Human Services, East County Regional

Office, hosted a provider fair entitled "Empowering Residents, Connecting the Community." About 20 area non-profit organizations set up displays. Residents as well as other community services providers spoke with representatives and gathered information to become more knowledgeable about what assistance is available. Among the providers attending were the Literacy Council of Montgomery County, Catholic Community Services, Holy Cross Hospital, and Montgomery Housing Program



AARP Driver training class draws a crowd - The AARP driver training Class drew over 25 people to its class on Saturday, March 10. The class, traditionally known as "55 Alive" is designed to enhance the skills of senior drivers, aged 50 and over. The 8 hour course was taught by John Nash, an AARP volunteer and East County resident, is always a lively session full of very useful driver information. The additional benefit of taking the course is the 10% discount possible from your vehicle

Housing Opportunities Commission Seeks Residents for Committee -The Housing Opportunities Commission (HOC) of Montgomery County seeks to enhance its relationship with the community by creating a committee of residents. The committee will help the Commission understand how they can improve communication between HOC and the community and will help determine additional steps that can be taken to make sure that HOC is a positive force in its neighborhoods.

HOC owns thousands of housing units, is a member in approximately 250 homeowner associations, and is one of the largest landlords in the county. They have issued more than 5000 vouchers to their clients for reduced rents in all areas of the county. HOC believes it would benefit both them and the community to draw together a small group of county residents who are interested in housing and community-building activities. Please contact Eastern Montgomery Regional Services Center at 240-777-8400, if you would like to represent East County residents on this committee.

Citizens Involved is a new organization in East County intending to foster citizen participation and effectiveness in their community. Their next meeting will be held Wednesday, April 11th, 7:30 p.m. at the Eastern Montgomery Regional Services Center and will address issues that affect you and your neighbors. Interested residents are welcome!



## **MEET YOUR COUNTY**

This is the third in a series of articles describing services in Eastern Montgomery

Who

Manna Food Center - Eastern Montgomery Regional Services Center in Silver Spring

Mission

Manna Food Center, a not-for-profit organization, strives to eliminate hunger in Montgomery County through food distribution, education, and advocacy.

Major Functions

Manna Food Center fights hunger in Montgomery County primarily by collecting and distributing two million pounds of food each year to needy individuals and families. Manna provides a three to five-day supply of perishable and nonperishable food to each individual or family at one of seven distribution points in the County, including at the Eastern Montgomery Regional Services Center every Friday from 2:00 to 4:00. Manna also distributes food, at no charge, to Montgomery County homeless shelters, soup kitchens, group homes, and low-income housing areas. Manna serves clients based solely on need.

Services Provided

To get food from Manna, you need a referral from one of the 350 agencies, schools and organizations that work with Manna. Some of the organizations that can call in a referral to Manna Food Center include:

MC Dept of Health & Human Services
City of Rockville
The Salvation Army
Many Schools
Head Start
Crisis Center
Local Hospitals

Community Ministries
Local HELP organizations
City of Gaithersburg
Linkages to Learning
Spanish Catholic Center
Law enforcement agencies
Local clinics

Other Important Facts

- 1. A referral from a referral agency is needed each time; referrals are good for one day only
- 2. Must live or work in Montgomery County
- Must bring a picture ID.
- 4. Must confirm earnings not over \$60,000 for a family of four or \$26,000 for an individual
- 5. Baby food and/or diapers must be requested at the time of referral
- 6. The food weighs on average 78 pounds

Location

Main Office - 614 Lofstrand Lane Rockville, Maryland 20850

Monday-Friday 12:00pm to 3:00pm, (Office Hours 8:00am to 4:00pm)

Contact

For more information or for Manna's food distribution sites, contact Manna at 301-424-1130 or visit their website at http://www.mannafood.org.

## Conference Room Layouts at EMRSC

Meeting and conference room space is available for community use. The rooms have wireless internet connectivity, several wall-mounted projector screens and can seat from 20 to 70 persons. To reserve space, call the CUPF agency at 240 777-2706





#### NEWS AND VIEWS OF MONTGOMERY COUNTY DEPARTMENTS!

#### Montgomery County Police Department (MCPD)

#### IMPORTANT POLICE DEPARTMENT HOTLINE NUMBERS

GANG TIP HOTLINE 240-773-4264
DRUG TIP HOTLINE 240-773-3784
ABANDONED VEHICLES 301-840-2454
CRIME STATISTICS LINE 240-773-5125

POLICE NON-EMERGENCY 301-279-8000 (to file a police report)
RECORDS DIVISION 240-773-5330 (to obtain copies of reports)
3rd DISTRICT STATION 301-565-7740 (finger printing/accident reports)

JOB LINE 240-773-5300 (push "5") ANIMAL SERVICES 240-773-5925 Montgomery County
Police Department
3<sup>rd</sup> District Police Silver Spring
801 Sligo Avenue,
Silver Spring, MD 20910
Tel #(301) 565-7740

For
further information,



click http://www.montgomerycountymd.gov/poltmpl.asp?url=/content/pol/ask/silverspring/index.asp

Montgomery County Launches Safe Speed Program: New Residential Automated Speed Enforcement, Motorists have a 30-day Warning Period Montgomery County was granted the authority to operate the cameras by the state of Maryland in 2006 and to conduct a pilot automated speed limit enforcement program in residential areas and school zones with speed limits of 35 mph or less. Similar automated speed enforcement programs also are being initiated in Chevy Chase Village, and the cities of Rockville and Gaithersburg. To learn more: <a href="http://www.montgomerycountymd.gov/Apps/Police/News/NA\_details.asp?NaID=3200">http://www.montgomerycountymd.gov/Apps/Police/News/NA\_details.asp?NaID=3200</a>

Crime Prevention for Businesses Training Day April 17, 2007—The Montgomery County Department of Police is sponsoring a free crime prevention training day for business owners. Guest speaker is Detective David Hill. *Topics include: fraud scams; embezzlement; identity theft in the work place; office safety for employees and employers; suspicious activity; and when to call the police.* The training will be held at the Bethesda Marriott Hotel, 5151 Pooks Hill Road, Bethesda, MD, 8:00 a.m. 12:00 noon. Please RSVP to Officer Michael Prather 240-773-6077 or Officer Dana Matthis 240-876-1277

Montgomery County Elementary School - Dr. Charles R. Drew Elementary school is offering a wonderful new program. The Arts Integrated Model School has a student written and produced opera by the 2nd graders on May 10, @ 7:00 pm at the school all purpose room. For more information, contact Gail Scott-Parizer, Principal, Dr. Charles R. Drew Elementary, 1200 Swingingdale Dr, Silver Spring, MD or call 301-989-6930

#### **COUNTY NEWS !!!**

Leggett's 2008 Budget Holds the Line on Taxes; Spending Plan Boosts Funds for Schools, Affordable Housing, Seniors, Gang Prevention, Health & Public Safety - Montgomery County Executive Isiah Leggett today unveiled the first operating budget of his administration, a budget that holds the line on taxes, increases funding for his priority issues, and sets the Countys spending on a path of sustainability for the future. To read more go to: http://montgomerycountymd.gov/apps/News/press/PR\_details.asp?PrID=3362

Leggett and Building Industry Launch Voluntary Certification Program to Encourage Accessible Design Features in New Construction and Renovations - County Executive Isiah Leggett today joined County Councilmember George Leventhal, the Countys Commission on People with Disabilities and officials with the Maryland-National Capital Building Industry Association to launch Design for Life Montgomery, a voluntary certification program developed to encourage builders and renovators to include design features aimed at making homes accessible for all. To read more go to: http://montgomerycountymd.gov/apps/News/press/PR\_details.asp?PrID=3350

**Leggett Testifies in Support of Statewide Smoking Ban** - County Executive Isiah Leggett signaled his support of a statewide smoking ban in testimony he delivered today before the Maryland House Economic Matters Committee. Leggett urged the State to enact House Bill 359- Clean Indoor Air Act of 2007 and highlighted the experience of Montgomery County, where a restaurant smoking ban went into effect October 9, 2003. To read more go to: <a href="http://montgomerycountymd.gov/apps/News/press/PR\_details.asp?PrID=3328">http://montgomerycountymd.gov/apps/News/press/PR\_details.asp?PrID=3328</a>

Financial Assistance Available for Eligible County Medicare D Recipients State funding is available to help eligible Montgomery County residents who have difficulty paying for their Medicare D prescription medications. Individuals must live in Montgomery County, have Medicare D prescription coverage and meet income guidelines (monthly income less than \$2,287 for an individual and \$2,991 for a couple and assets of less than \$11,000 for an individual and \$14,200 for a couple). Assistance up to \$500 is available and reimbursement may be retroactive to July 2006. Financial help is available on a first-come, first-served basis until the funds run out or until June 30, 2007. For more information, call Kristen Dunlevy, Medicare Prescription Drug Outreach coordinator, at 240-777-4632.

The Peoples' Community and Wellness Center (TPCWC) at EMRSC



A COOPERATIVE Venture between the People's Community Wellness Center (TPCWC), Eastern Montgomery Regional Services Center (EMRSC) and Mobile Med.

Hours: Monday-Tuesday 8:30am—4:30 pm /Wed.-Thursday 2:00pm—10:00 pm / Friday: 8:30 am—4:30 pm

All patients are seen by appointment only, No Walk-Ins will be taken

Women's Clinic (Appointment Required): 1st Thursday Night of Every Month Men's Clinic (No Appointment Required): 2nd Thursday Night of Every Month

TPCWC and Mobile Medical cannot provide Emergency Care. Patients requiring Emergency Care should dial 911 or report to the nearest hospital emergency room.

If you have additional guestions, you can contact TPCWC at (301) 847-1172 or www.pcw.onehealthylife.org

**DPWT - Montgomery County Roadways to Receive Spring Cleaning -** Starting March 26, Montgomery County's roadways will be getting a spring cleaning with the launch of a 10 to 12 week street sweeping program to clean the Countys nearly 4,000 curb miles of roads. This joint effort between the Department of Public Works and Transportation (DPWT) and Department of Environmental Protection (DEP) removes abrasives and other debris left behind after the winter snow season and improves the appearance and safety of County streets. Based on past results, County officials expect the effort will help to recover more than 3,000 tons of material. To read more go to: <a href="http://montgomerycountymd.gov/apps/News/press/PR\_details.asp?PrID=3403">http://montgomerycountymd.gov/apps/News/press/PR\_details.asp?PrID=3403</a>

Go "Behind the Scenes" of the County's Recycling and Trash Operations - The Division of Solid Waste Services has announced its spring schedule for the Behind the Scene course. The course consists of seven consecutive Thursday evening sessions from 7-9 p.m. plus tours of selected facilities. The course begins on April 12th and provides an opportunity for residents to learn about DPWT's waste and recycling programs, services, and policies, as well as many environmental factoids of interest. Visit the Division's website at: <a href="http://www.montgomerycountymd.gov/swstmpl.asp?url=/content/dpwt/SolidWaste/education/bts/index.asp">http://www.montgomerycountymd.gov/swstmpl.asp?url=/content/dpwt/SolidWaste/education/bts/index.asp</a> to see the full schedule, with dates and topics and online registration.

#### For more information, click <a href="http://www.montgomerycountymd.gov/Apps/dpwt/PressRelease/PR\_list.asp">http://www.montgomerycountymd.gov/Apps/dpwt/PressRelease/PR\_list.asp</a>

County Department of Public Works and Transportation Brochure Details Opportunities for Citizen Involvement A brochure recently published by the Montgomery County Department of Public Works and Transportation (DPWT), called Community Outreach Meetings 2007 lists the ten citizen advisory Groups that advise the department and the dates and times they meet. The committees bring issues to the attention of DPWT and advise staff of resident concerns and priorities. To learn more go to: <a href="http://montgomerycountymd.gov/apps/News/press/PR">http://montgomerycountymd.gov/apps/News/press/PR</a> details.asp?PrID=3393

National Pubic Works Week Photo Contest - The Montgomery County Department of Public Works and Transportation (DPWT) is pleased to announce the National Public Works Week Photo Contest! They are looking forward to an exciting collection of photographs that depict Montgomery Countys Public Works and Transportation operations. The deadline for submission to the Photography Contest is May 4, 2007. For further information and contest rules call 240-777-7155 or go to:

 $\underline{\text{http://www.montgomerycountymd.gov/content/dpwt/dir/comm\_docs/npwwphotocontestnomform.pdf}}$ 

Department of Health and Human Services – County Senior Nutrition Program Offers Free Nutrition Hotline - Seniors and their caregivers can get diet and nutrition questions answered by a registered dietitian by calling the Countys free Senior Nutrition Hotline at 240-777-1100. The service is available Wednesday mornings from 9 to 11 a.m. Information is available on topics such as how to lower sodium intake, how to find reliable nutrition information on the Internet and how to choose the healthiest cooking oil. Bilingual assistance is also available. The Senior Nutrition Program, part of the Department of Health and Human Services, sponsors the hotline.



Fire & Rescue Department — 'Fire-Safe (reduced-ignition) Cigarettes Could Save Lives! Legislation is a Top Priority -Several recent fires associated with improperly discarded smoking materials have resulted in several deaths, injuries, dozens of residents being displaced, and have caused millions of dollars in damage. http://www.montgomerycountymd.gov/Apps/firerescue/press/PR\_details.asp?PrID=3345

Department of Economic Development -Montgomery County Department of Economic Development has developed the Rockville Innovation Center to promote the newest member of their Business Incubator Network. The Center is opening later this spring in the heart of the new Rockville Town Center. Montgomery County's Business Incubator Network is a highly successful and proven business development tool. Since 2000, we have graduated 32 companies that have created over 1,100 jobs and lease nearly 500,000 of commercial space here in the County. With your help, our 4th and newest facility, which already has 5-6 tenants and can accommodate about 35-40 more, will continue to nurture successful businesses. Contact John Korpela, Manager of Business Incubator Development (240.453.6348) with any questions. http://www.montgomerycountymd.gov/mcgtmpl.asp?url=/content/ded/incub/index.asp

Montgomery County Office of Consumer Protection (OCP) - Consumer Protection Signs Settlement Agreement with Furniture Retailer Regarding Deceptive Sales Practices - The Montgomery County Office of Consumer Protection (OCP) has entered into a settlement agreement with a furniture retailer that failed to comply with laws regarding delivery dates, warranties and refund policies. To read more go to: <a href="http://montgomerycountymd.gov/apps/News/press/PR\_details.asp?PrID=3348">http://montgomerycountymd.gov/apps/News/press/PR\_details.asp?PrID=3348</a>

Department of Housing and Community Affairs (DHCA) - Analysis of Impediments to Fair Housing Choice prepared by the Montgomery County Department of Housing and Community Affairs (DHCA) is open for public review until April 6, 2007. The document can be viewed <a href="http://www.montgomerycountymd.gov/dhctmpl.asp?url=/content/dhca/community/Federal\_Programs/Analysis\_of\_Impediments\_to\_Fair\_Housing.asp\_Acopy is also available for review at the Bethesda-Chevy Chase Regional Services Center, 4805 Edgemoor Lane, Bethesda. Residents may submit written comments to: Richard Y. Nelson, Jr., Director, Department of Housing and Community Affairs, 100 Maryland Avenue, 4th Floor, Rockville, Maryland 20850 or email: <a href="mailto:Catherine.mahmud@montgomerycountymd.gov">Catherine.mahmud@montgomerycountymd.gov</a>

Job Fair and Employment Expo for 50+ Job Seekers - A 50+ Job Fair and Employment Expo will take place on Tuesday, April 24, from 10 a.m. to 3 p.m., at the Marriott Bethesda North Hotel and Conference Center, 5701 Marinelli Road. The all-day expo is sponsored by the Jewish Council for the Aging with a grant from Montgomery County. To learn more go to: <a href="http://montgomerycountymd.gov/apps/News/press/PR">http://montgomerycountymd.gov/apps/News/press/PR</a> details.asp?PrID=3389

FOR ADDITIONAL NEWS ON MONTGOMERY COUNTY - go to click http://montgomerycountymd.gov/Apps/News/press/PR\_list.asp

#### **COUNCIL NEWS!**

Girls in Information Technology Task Force Updates County Council Committee - The Education Committee of the Montgomery County Council yesterday heard an update from the Montgomery Girls in Information Technology Task Force that is seeking to increase the interest of females in technology-related studies. Among the findings the committee heard was that high school boys outnumber girls approximately 4-1 in taking technology-related courses. To learn more go to:



http://www.montgomerycountymd.gov/Apps/Council/PressRelease/PR\_details.asp?PrID=3325

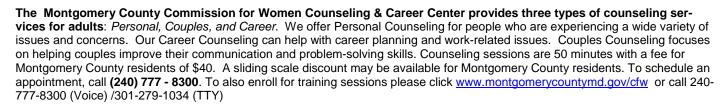
Councilmember Duchy Trachtenberg to Propose Elimination of Artificial Trans Fats - Montgomery County Councilmember Duchy Trachtenberg (D-At-Large), herself a public health professional, will introduce her first major legislation before the County Council on Tuesday, March 27a regulation restricting use of artificial trans fats for cooking in County restaurants. Passage of her bill would make Montgomery the first County in the nation to ban trans fats in restaurants. To learn more go to: http://www.montgomerycountymd.gov/Apps/Council/PressRelease/PR\_details.asp?PrID=3381

For more information click, <a href="http://www.montgomerycountymd.gov/csltmpl.asp?url=/content/council/index.asp">http://www.montgomerycountymd.gov/csltmpl.asp?url=/content/council/index.asp</a>

#### FOR PROPOSED EXECUTIVE REGULATIONS

http://www.montgomerycountymd.gov/mcgtmpl.asp?url=/content/EXEC/Register/Mar07TOC.asp

#### **COUNSELING & CAREER CENTER FOR WOMEN**





Association of Family and Conciliation Courts (AFCC) 44<sup>th</sup> Annual Conference to Include More Than 70 Conference Sessions and 150 Presenters in Washington, D.C.—Professionals who work with children and families will not want to miss AFCCs 44<sup>th</sup> Annual Conference, *Children of Separation and Divorce: The Politics of Policy, Practice and Parenting*, May 30-June 2, 2007. The conference will take place at the Capital Hilton in the heart of Washington D.C. and will bring together more than 700 family court, dispute resolution and mental health professionals. AFCC's 44th Annual Conference will convene leading judges, mediators, lawyers, parenting coordi-

nators, custody evaluators, court administrators, mental health professionals and more. AFCC conferences are unique because participants do not share a common profession, instead they share a strong commitment to benefit communities, empower families and promote a healthy future for children. Featured presenters include Professor Arthur R. Miller, Bruce Bromley Professor of Law at Harvard Law School and world-renowned expert legal commentator; Dr. Ronald B. Mincy, Columbia University and editor of the new book *Black Males Left Behind*; Professor Steven H. Hobbs, University of Alabama School of Law; Chief Justice Diana Bryant, Family Court of Australia; and Hon. Peter Boshier, Principal Family Court Judge, New Zealand. For conference program, scholarship application, online hotel and conference registration and more can be found on the AFCC Web site at <a href="www.afccnet.org">www.afccnet.org</a>. If you have any questions, please contact AFCC at <a href="mailto:afcc@afccnet.org">afcc@afccnet.org</a> or (608) 664-3750.

**New Spring Adventures for SOAR** Senior Outdoor Adventures for Recreation has 11 terrific day trips planned for spring, including sailing, whitewater rafting, a ghost walk, history tours of the burning of Washington and Confederate Jeb Stuart's cavalry journey to Gettysburg, and more! To learn more go to:

http://montgomerycountymd.gov/content/rec/RECord/articles/february2007/soar\_spring07.pdf

#### **VOLUNTEER OPPORTUNITIES!**

Recycling Volunteer Program The Montgomery County Division of Solid Waste Services volunteer program began in 1991, with the Countys residential curbside recycling program. You can join other residents who are interested in improving their environment and students can fulfill their Student Service Learning hours. Volunteering activities include sharing information with the public at fairs and festivals, speaking engagements, serving as a Block Captain, and assisting in the program office. For more information, contact the program manager at <a href="mailto:recycle@montgomerycountymd.gov">recycle@montgomerycountymd.gov</a> or 240-777-6445.

#### New Home Page Launched for Furniture Exchange

CMMC's Furniture Exchange is always in need of good, usable bedroom, living room, dining room, and kitchen furnishings. Right now, we are especially in need of beds: twin, double, queen-sized or bunk type. And now you can go to our new Home Page for Furniture Exchange. It's called SHAREmc.com. Learn what we need and how you can donate. A simple form allows you to tell us what you have to share. Or, as always, you can



call 240-361-1736. We hope to hear from you soon at SHAREmc.com!

#### LIBRARY NEWS!



County Correctional Facility Librarian Receives National Honor; Joan Deacon Named Civilian Employee of the Year - Montgomery County Public Libraries (MCPL) and the Department of Correction and Rehabilitation (DOCR) have announced that Joan A. Deacon, senior librarian at the Montgomery County Correctional Facility (MCCF), has been honored as the national Civilian Employee of the Year by the American Jail Association (AJA). For further information go to:

http://montgomerycountymd.gov/apps/News/press/PR\_details.asp?PrID=3398

LIBRARY UPDATES http://www.montgomerycountymd.gov/Apps/Libraries/newsandevents/PR\_list.asp

#### CALENDAR OF EVENTS! Fairland Library: check it out at

http://www.montgomerycountymd.gov/Apps/Libraries/branchinfo/branchevents.asp?branch=7

#### White Oak Library : check it out at

http://www.montgomerycountymd.gov/Apps/Libraries/branchinfo/branchevents.asp?branch=22



#### Food & Entertainment



Easter is the time of springtime festivals, a

time to welcome back the <u>Tulips</u>, the Crocuses and the Daffodils. Its a time of new suits, new dresses and patent leather shoes. A time for Christians to cele-

brate the life and resurrection of Christ. And a time of chocolate bunnies, marshmallow chicks, and colored eggs!

#### Check out Recipes for Easter at



http://www.cooksrecipes.com/holiday-recipes/easter\_recipes.html

http://www.holidays.net/easter/





Are there County programs or information you would like to hear more about? Concerns that you would like to see addressed? We would like to hear from you so that we can plan events that better meet your needs.

The Eastern Montgomery Regional Services Center was designed to bring direct services to the East County and to bridge the distance between residents and the County government. Your suggestions, ideas, and recommendations are important to us in our planning efforts. Please bring them to our attention by emailing us at <a href="mailto:easteology.countymd.gov">easteology.countymd.gov</a> or by calling 240-777-8400.

If you have items that you would like to include in our newsletter please forward them to: eastcocitizen@montgomerycountymd.gov

Our next meeting of the East County Citizens Advisory Board (ECCAB), will be held on Wednesday, April 4, 2007 at 7:15pm at the

Eastern Montgomery Regional Services Center, 3300 Briggs Chaney Road, Silver Spring, MD 20904 (240) 777-8400, Fax (240) 777-8410, TTY (240) 777-8418



To subscribe to our East County Newsletter, click https://ext01.montgomerycountymd.gov/entp/s1p/esubpublic/newsubscriber.do

To review our Welcome Page, click http://www.montgomerycountymd.gov/Content/RSC/EASTCO/welcome.asp

#### **East County Intercom**

#### Consumer Tip of the Week!

Still working on your taxes? Don't get fooled by tax scams-read Michelle Singletary, Washington Post Personal Finance Columnist's, article on the top 12 Tax Scams\_along with tips from the U.S. Internal Revenue Service.

Did you know that free income tax assistance is available in Montgomery County? The Volunteer Income Tax Assistance Program offers free assistance to households earning \$38,000 or less annually, including persons with disabilities, limited English proficiency and seniors. Free electronic filing for faster refunds is also available.

http://www.montgomerycountymd.gov/apps/News/press/PR\_details.asp?PrID=3070

## Quote of the Month!

Imagination is more important than limited. Imagination is encircles the world.

— Albert Einstein

#### Did you know?



Ravinder Dhallan, M.D./Ph.D.

There is a Simpler Test for Detecting Down's Syndrome. A new blood test uses scraps of fetal DNA to piece together a prenatal diagnosis.

Check it out at:

http://www.asianfortunenews.com/site/article\_0307.php?article\_id=12

## East County Citizens Advisory Board (ECCAB)

Guests are invited to attend the East County Citizens Advisory Board meetings and encouraged to ask questions & provide comments.

If you have questions about an agenda item please contact :
Tel (240) 777-8400
Fax (240) 777-8410
TTY (240) 777-8418

For special accommodations please contact our office at least 72 hours in advance

## Eastern Montgomery Regional Services Center

Anise Key Brown, Director 3300 Briggs Chaney Road, Silver Spring, MD 20904

Tel (240) 777-8400 /Fax (240) 777-8410 TTY/TTD (240) 777-8418

www.montgomerycountymd.gov/eastco eastco.citizen@montgomerycountymd.gov

Hours: Monday-Friday 8:30 am - 5:00 pm

#### LOCATION

### Eastern Montgomery Regional Services Center

We are located off Route 29 at 3300 Briggs Chaney Road, between Robey Road and Gateshead Manor Way.

Directions from I-495, the Capital Beltway: Take the Colesville Road (Rt. 29) exit, going north towards Columbia. Go about 6 miles and take the right exit going east on Briggs Chaney Road. Turn left onto Robey Road and then turn right into our facility. (You can also enter from Gateshead Manor Way.)

**By Bus:** We are next to the Briggs Chaney Park & Ride Lot, served by Metrobus lines Z6, Z8, Z11, & Z13; and by Ride On Route 39.

#### The People's Community Wellness Clinic

Primary Health Care Clinic for uninsured and underinsured adults.

Call 301-847-1172 for appointments

Monday-Friday 9 am - 4 pm

#### Health & Human Services

Department of Health & Human Services
East County Regional Office
3300 Briggs Chaney Road, Silver Spring, MD 20904

Serving Zip codes: 20903, 20904, 20905, 20866, 20868.

Most services by appointment only.
Please call ahead: 240-777-4470
Monday-Friday 9 am - 4 pm

#### Police Third District - Briggs Chaney Substation

A community Police substation is located in our building at 3300 Briggs Chaney Rd.

For assistance, please call:
(240) 773-5800.
The main Police station for our area is:

Silver Spring Police Station, 801 Sligo Avenue, Silver Spring, MD 20910 (301) 565-7744

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